

**One Day Orientation Program  
On**

**Plant Morphology, Plant Anatomy, Primary Health Care and Biodiversity  
Conservation for the students of Government School, Bangalore**

**1<sup>st</sup> February 2018**



**Organized by  
TransDisciplinary University, Bangalore (TDU)  
(Supported by Infosys Foundation, Bangalore)**

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## One Day Orientation Program for School Students of Government School, Rajankunte

### Introduction

Cities have been witnessing an erratic urbanization, which has led to rapid diminishing of green cover. As a result of this, our cities are experiencing the incidences of increase in temperature, reduction in air quality, water scarcity, urban floods, etc. Hence, there is an urgent need to maintain an ecological balance, a truth not sufficiently felt and understood in the sphere of urbanist advocacy. Cities developed in harmony with beauty and function of nature would certainly help building a healthy urban ecosystem.

In this context, it has become important that young minds have to be informed more about various biotic components in the urban ecosystem. This could happen through simply taking them close to nature and making them understand its importance. It would bring forth a future generation with environmental consciousness, which can build a sustainable urban environment.

The TransDisciplinary University (TDU) with the support of Infosys Foundation, Bangalore has developed a unique one-day orientation program for the students pursuing their secondary education, to give them an opportunity to learn the basics of plant taxonomy, anatomy, primary health care and biodiversity conservation. This program has been designed in line with their school curriculum. It is expected that this program will broaden their understanding about the nature specifically plants and help them develop their interest in the urban nature conservation.

This could be a precursor to any environment education program that government likes to introduce at the school level.

### Introductory Session

Dr. M. Abdul Kareem, Associate Professor and Course Coordinator gave an overview on the TDU and Ms. Amrita. G gave a brief introduction about the Program. Around 42 students from class 9<sup>th</sup> Standard participated in the program accompanied by two teachers.



### Session: 1: Primary Health Care

Dr. Subramanya Kumar, Assistant Professor defined primary health care and explained about the importance being healthy. He emphasized on the intake of nutritious food that can keep mind and body strong and fit. He explained about the pyramid that shows the quantity of food to be taken like green vegetables in more and sugar in less quantity. He also showed some important remedies that are easily prepared at home to cure common diseases such as cold, fever, cough, indigestion, headache etc. few examples like usage of dry skin of pomegranate, stems of *Tinospora cordifolia*, leaves of *Centella asiatica*, *tulsi* etc were also mentioned. Students were enthusiastic to interact and ask more questions related to remedies to cure common health problems



### Session: 2: Anatomy and Herbarium

Ms. Noorunnissa Begum explained about herbarium sheets and its techniques to prepare them. Students were asked to observe the specimen through the microscope and examine the xylem,

phloem, epidermis, and cortex. They were also asked to observe the stomata. Students were asked to form a group and list out the monocot and dicot species with unique characteristic.



### Session: 3: Plant Morphology

Students were taken to ethno medicinal garden which comprises of over 1500 species of medicinal plants, and the nursery has 450 species with green house and mist chambers for propagation and shade houses with misting facility for special indoor plants. Ms. Amrita. G, Research Fellow, TDU explained about each characteristics of plants such as structure and shape of leaves, size of fruits, leave patterns, uses of medicinal plants. They were taken to nursery garden where they could see various medicinal plants along with their uses. Students were shown various medicinal plants such as tulsi, *Centella asiatica*, aloe vera, lemon grass, *Tinospora cordifolia* etc. She also explained the process of preparing vermicomposting and importance of gardening.



#### **Session: 4: Biodiversity Conservation**

Ms. Anu.V and Ms. Amrita. G took over the session in the form activity in collecting materials found in the surrounding and to segregate them in living and non-living things. With this they are assured to observe nature and biodiversity wherever they go. Students were asked to form a group and talk about topics related to types of pollution such as Air, Water, Noise, Land and Soil to understand the importance of pollution free country to lead a healthy and prosperous life. Also explained about the importance of conserving nature and wise usage of resources for future generation.



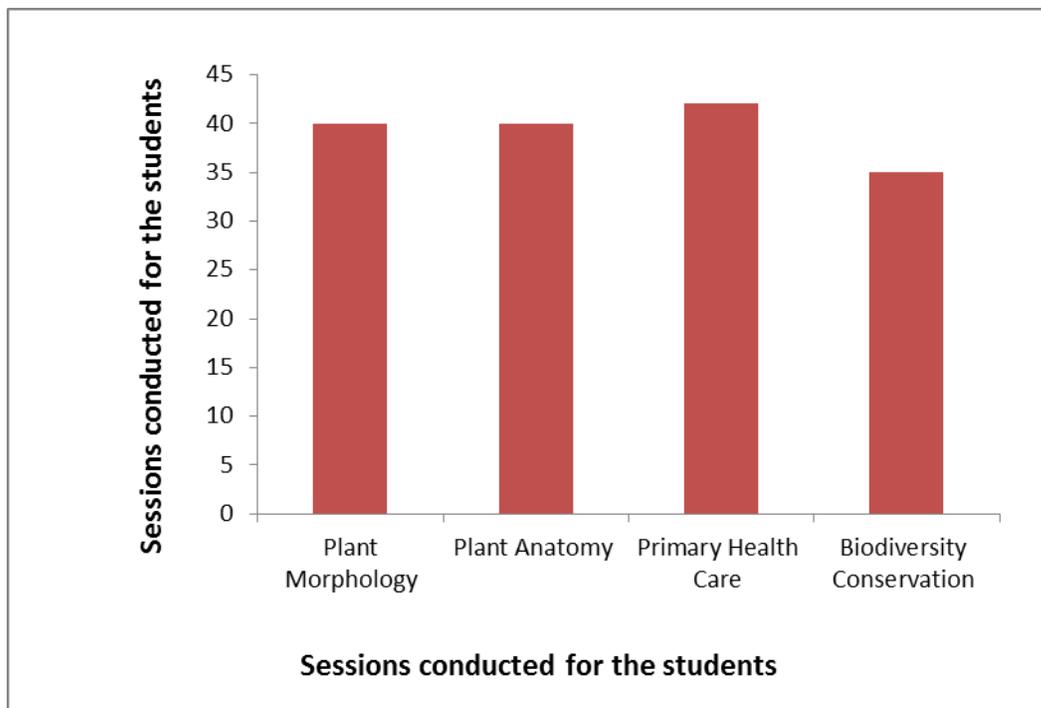
The program was culminated with the feedback of the students and distribution of certificates to the students

#### **Learnings:**

It was a general perception among students that only a few plants are medicinal. However, they found that most of the plants have medicinal value after undergoing this orientation program. The practical sessions on anatomy were very useful particularly for those students who like to pursue a career in life sciences. A basis understanding of uses of medicinal plants for primary health care was also notable. A fun activity on making nest also thought some creativity skills and importance of nature to protect the habitat of the flora and fauna. Exploring the garden thought wide range flora in the country and its key characteristics and features.

## Feedback:

Students were asked to fill up a questionnaire to analyse the flow of the program, its content and also to understand as to how far the students were able to grasp the subject. It will also enable the organizers to get the vibe of students and make necessary corrections. Students expressed their feelings of attending such program conducted for the students of government school. It is great exposure to them as they are exposed to various fields such as plant identification, anatomy home remedies, understanding the importance of conservation through activity. Students liked all the session conducted for a day. They were very happy to come to campus and explore the nature and see many plants and understand the importance associated with it. Following graph depicts the feedback obtained from the participant in each batch.



**Fig. No.1: Graph depicting the number of students liked the program**

### List of Faculty:

1. Dr. M. Abdul Kareem, Associate Professor and Course co-ordinator, TDU
2. Dr. Subramanya Kumar, Assistant Professor
3. Ms. Noorunninsa Begum, Associate Professor
4. Ms. Anu V., Senior Research Fellow, TDU
5. Ms. Amrita G., Research Fellow, TDU

### List of Participants:

#### 9<sup>th</sup> Standard Students- 1<sup>st</sup> February 2018

Sudeep	Mahalakshmi
Bhaskar	Rakshita
Denaraj	Sushmita
Ashok	Gangothri
Uday Kumar	Shrutilaya
Madhu. N	Swathi
Kishan	Sangeetha
Shivannaraj	Roshni
Santosh	Sirivenella
Balaraj	Prema
Vijay	Prathiksha
Sagar	Archana. D
Anand	Chandana
Prajwal	Vidyashree
Ganan	Pallavi
Tabreja	Kavya

Mahendra

Archana. R

Abhi

Monica

Mohammed Esh khan

Raju

Manoj

Saiprasad

### Program Schedule:

Time	Topic and Objective	Resource Person	Venue
10.15- 10.30.AM	<b>Introduction to the program</b>	<b>Dr. M. Abdul Kareem</b> Associate Professor <b>Ms. Amrita G.</b> Research Fellow	Training Hall Patanjali Block
10.30 – 11.30AM	<b>Primary Health Care</b>	<b>Dr. Subramanya Kumar</b> Assistant Professor	Training Hall Patanjali Block
11.30 – 12.30 AM	<b>Plant Anatomy and Herbarium</b>	Dr. Noorunnissa Begum Associate Professor	Field Herbarium (Vagbhata Block)
12.30 -1.00 PM	<b>LUNCH</b>		
1.00 – 2.00PM	<b>Exploring the University through identification and morphology of plants</b>	<b>Ms. Amrita.G</b> Research Fellow	Field
2.00-3.00	<b>Basics of Biodiversity</b> <ul style="list-style-type: none"><li>• What is biodiversity</li><li>• Basics of biodiversity</li></ul>	<b>Ms. Anu.V</b> Senior Research Fellow <b>Ms. Amrita G.</b> Research Fellow	Field
3.00-3.15PM	<b>Valedictory</b> <b>Ms. Anu.V</b> Senior Research Fellow		